

Kimberley L. Walker, LMHC, NCC

QUALIFICATION SUMMARY

- Extensive counseling experience with children, adolescence, adults, and families with a wide range of mental health issues in a residential setting
- Familiarized with DCF, other contracted agencies, DJJ, Medicaid/Medicare services, TBOS, and finding community resources when needed
- Accustomed to developing, maintenance, and modifying treatment plans after assessing the client's diagnosis and discharge planning for continuity of care
- Development of appropriate group topics and material for identified programs
- Displays strong organizational and office skills, including proficiency in many computer programs

EDUCATION

3 Play Therapy Classes University of Central Florida 407-823-2000	01/2004-12/2005 Orlando, FL
Master of Counseling and Psychology Troy State University-Orlando Region 407-214-5980	01/2000-03/2002 Orlando, FL
Bachelor of Science, Psychology, Minor in Sociology Florida State University 850-644-6200	07/1991-12/1994 Tallahassee, FL
Associate of Arts Seminole State College 407-708-4722	12/1989-07/1991 Sanford, FL

CLINICAL EXPERIENCE

Psychotherapist The Psychology and Counseling Group 07/2011-Present
Orlando, FL 407-523-1213

- Contracted to assess, diagnose, and treat clients primarily comprised of children, adolescents, adults and families with a holistic approach and wellness focus. Addresses and protects confidentiality needs. **Note: Associates in Psychology and Counseling changed their name to The Psychology and Counseling Group minus one owner**

Psychotherapist Associates in Psychology and Counseling 03/2008-07/2011
Orlando, FL 407-523-1213

- Contracted to assess, diagnose, and treat clients primarily comprised of children, adolescents, adults and families with a holistic approach and wellness focus. Addresses and protects confidentiality needs.

- PHP Therapist Park Place Behavioral Healthcare 08/2005-11/2008**
Kissimmee, FL 407-846-0023
- Provided intensive group therapy 3-5 days a week, individual and family therapy as needed to adults as a prevention to admission to the inpatient hospitalization and a step up from outpatient therapy. Assessed for patient's needs by use of biopsychosocials. Wrote individual treatment plans and reviews which met the criteria for CARP, Medicaid and Medicare requirements. Participated in weekly medical model treatment team to discuss and review treatment plans and the progress of the patients. Addressed and protected confidentiality needs.
- Assessor Behavioral Support Services 02/2005-Present**
Winter Park, FL 407-830-6412
- Contracted to assess for Medicaid client needs for medical necessary services, diagnosed, created initial treatment plans and made recommendations of needs. Addressed and protected confidentiality needs.
- Outpatient Therapist Center for Counseling & Consulting 01/2004-03/2008**
Casselberry, FL 407-678-6655
- Provided outpatient services for individuals and family therapy for a variety of mental health issues with a specialization in trauma, adolescents, and children. Collected biopsychosocial information, created treatment plans, and wrote progress notes. Addressed and protected confidentiality needs.
- Trauma Therapist University Behavioral Center 04/2002-08/2005**
Orlando, FL 407-281-7000 (Jenny Stapleton)
- Provided individual and family therapy weekly to the residents and their families. Designed a formatted outline of psychoeducational issues and implemented in groups daily. Implemented trauma groups through role-play and discussed weekly in group. Assessed for client's needs using biopsychosocials. Wrote individualized treatment plans and reviews which met the criteria for JACHO and SIPP and other funding sources. Addressed parental issues and concerns as needed. Participated in a weekly medical model treatment team to discuss and review treatment plans and the progress of clients. Provided supervision and psychoeducation for the mental health technicians. Assisted in running a Multifamily Group addressing psychoeducational needs of the families. Formulated discharge planning with all related parties (parents, client, treatment team, funding sources, caseworkers, JPOs). Addressed and protected confidentiality needs.
- Clinical Liaison University Behavioral Center 04/2001-04/2002**
- Relayed vital information between the facility and other parties involved (HAS, CHS, SIPP, DCF and other caseworkers). Wrote 30-day status reports for all involved parties. Went to court hearings to assure proper mental health guidance in the handling of the client's cases. Other duties as assigned. Addressed and protected confidentiality needs.

Clinical Data Specialist University Behavioral Center 04/200-04/2001

- Submitted ADM date monthly. Entered CFARS scores and reported them through a secure line to Tallahassee monthly. Trained therapist for CFARS certification. Addressed and protected confidentiality needs.

Mental Health Technician University Behavioral Center 10/1998-04/200

- Responded to the needs of the client whose responsibility to address their developmental, behavioral, and emotional and family issues has resulted in maladaptive coping methods. Helped the client to follow the behavior modification program and follow the schedule to attend school, groups, individual and family session, and treatment team. Used de-escalation skills and PCM procedures as needed. Addressed and protected confidentiality needs.

Mentor Intervention Services, Inc. 08/1998-01/2000
Orlando, FL 407-215-0095

- Provided a positive role model for at risk kids. Utilized behavior modification skills, specifically positive reinforcements, token economy, extinction, rewards and consequences.

Crisis Counselor Life Line of Central Florida 07/1995-08/1998
Orlando, FL 407-425-5201 (Mary for contact)

- Utilized reflective listening skills. Helped with a decision-making process. Provided information and referral services. Volunteered for positions.

Available upon request (Hospitality Work Experience) 01/1995-07/1989

RELATED EXPERIENCES

Prevention Crisis Management (PCM) Certified

- Trained in de-escalation skills and hands on intervention for problematic aggressive and self-harm behaviors.

CPR and First Aid Certified

- Trained in certified cardiopulmonary resuscitation and First Aid to help clients in medical distress.

Children's Functional Assessment Rating Scales Trainer Certified #802-000-577

- Successfully completed an approved course of Training and Certification on the use of CFARS. Trained others and certified them.

Functional Assessment Rating Scales Certified #805-007-526

- Successfully completed an approved course of Training and Certification on the use of FARS. Trained others and certified them.

Fire Master Certified

- Trained in how to put out a fire safely and effectively for the safety of clients and staff.

LICENSURE

Licensed Mental Health Counselor-MH8408
State of Florida Department of Health

03/2005
Up to date

CLINICAL EXPERIENCE

- 4 years working in outpatient services with ages 4 and up with a wide range of individuals and family issues
- 3 years provided intensive treatment for Partial Hospitalization Program (PHP) as a step-down or in lieu of the Crisis Stabilization Unit for chronic admissions
- Years of experience working with children, adolescents, and adults from October '98-Present
- Contracted with Montessori World School to assist with mental health education for the teachers and referral source for the students and parents
- Worked in a residential facility for 7 years assisting our most severe mental health cases from multiple in-state and out-of-state contracts
- Treated a culturally and developmentally diverse population
- Specialized in addressing different degrees of trauma issues with female adolescent clients
- Led groups on psychoeducation, medication management and most mental health illness or issues
- Consulted with the psychiatrist for medication management
- Deescalated problematic behaviors among clients, families and staff
- Addressed the needs of DCF, DJJ, other contracted agencies and familiar with how to access community resources
- Provided outpatient services at the Center for Counseling and Consulting from 2004-2008
- Assessed for Medicaid client's needs for medically necessary services and made recommendation and identified diagnosis
- Currently provides outpatient services for children, adolescents, and adults for a wide variety of issues

COUNSELOR SKILLS

- Specialized in play therapy and trauma techniques
- Trained in hypnosis and Rapid Resolution Therapy
- Clear understanding how to coordinate with treatment team to ensure a well-rounded treatment approach
- Proficient in diagnosing and treatment planning
- Strong in integrating family members through counseling using informative detailed communication
- Experienced in formulating discharge planning and transitioned clients to the appropriate levels of care

- Trained and integrated a wide variety of treatment modalities
- Displayed strong counseling, helping, meditation and communication skills
- Strong skills in providing detailed, knowledgeable resources that are helpful to clients continued care

ADMINISTRATIVE SKILLS

- Demonstrates strong administrative, organizational and follow through skills
- Demonstrates excellent leadership, decision making and management skills
- Familiar with computer skills such as Word, Outlook, Power Point, Therascribe, and Therasoft
- Competent with utilizing internet resources

CONTINUED EDUCATION AND TRAINING (most recent listed first)

- A Review of Infertility by Teisha Phillips, RN, BSN March 10, 2019 NetCE (4 CEUs)
- Couple with Infertility: Sociocultural Considerations by Alice Yick Flanagan, Ph.D., MSW March 10, 2019 NetCE (5 CEUs)
- Mandatory Online Professionalism and Ethics by Alice Yick Flanagan, Ph.D., MSW March 3, 2019 NetCE (3 CEUs)
- Mandatory Domestic Violence: The Florida Requirement by Marjorie Conner Allen, BSN, JD March 3, 2019 NetCE (2 CEUs)
- Mandatory Florida Laws and Rules for Mental Health Professionals by Dana Friedlander, Esq., PA March 3, 2019 NetCE (3 CEUs)
- Mandatory HIV/AIDS: Epidemic Update for Florida by John M. Leonard, MD March 3, 2019 NetCE (1 CEUs)
- Mandatory Medical Error Prevention for Mental Health Professionals by Marjorie Conner Allen, BSN, JD March 3, 2019 NetCE (2 CEUs)
- Shame Shields: The armor We Use to Protect Ourselves and Why It Doesn't Serve Us by Brene Brown by PESI, Inc December 15, 2017 (1 CEUs)
- Probiotics, Food and the Immune System Seminar presented by Dr. Michelle Albers, Ph.D., RD by the Institute for Natural Resources July 13, 2017 (6 CEUs) Class Code: U20170713AL
- Cultural Meaning of Death and Dying by Alice Yick Flanagan, Ph. D., MSW February 21, 2017 NetCE (5 CEUs)
- Mandatory Online Professionalism and Ethics by Alice Yick Flanagan, Ph.D., MSW February 21, 2017 NetCE (3 CEUs)
- Mandatory Domestic Violence: The Florida Requirement by Marjorie Conner Allen, BSN, JD February 21, 2017 NetCE (2 CEUs)
- Mandatory Medical Error Prevention for Mental Health Professionals by Marjorie Conner Allen, BSN, JD February 21, 2017 NetCE (2 CEUs)
- Mandatory HIV/AIDS: Epidemic Update for Florida by John M. Leonard, MD February 21, 2017 NetCE (1 CEUs)
- Mandatory Florida Laws and Rules for Mental Health Professionals by Dana Friedlander, Esq., PA February 21, 2017 NetCE (3 CEUs)

- Post-Traumatic Stress Disorder by Mark Rose, BS, MA February 22, 2017 NetCE (15 CEUs)
- Reasoning with Unreasonable People: Focus on Disorders of Emotional Regulation presented by Joseph Shannon, Ph.D. by the Institute for Brain Potential October 23, 2015 (6 CEUs)
- Qualified Supervisor Training presented by Dr. Stephen Giunta by February 5-6, 2015 Florida Mental Health Counselors Association (16 CEUs)
- Food for Thought: How Nutrients Affect Mental Health and the Brain presented by Nick R.S. Hall, Ph.D. by the Institute for Brain Potential November 1, 2013 (6 CEUs)
- Clinical Hypnosis with Rapid Trauma Resolution Level II, November 30-December 2, 2012 by Jon Connelly (25 CEUs)
- Clinical Hypnosis with Rapid Trauma Resolution Level I, October 26-28, 2012 by Jon Connelly (25 CEUs)
- Mandatory AIDS 104 on October 13, 2012 by Scott Rohlf, MS (4 CEUs)
- Mandatory Prevention of Medical Errors October 13, 2012 by Carol Millenson, MS, Manager of Continuing Education and Clinical Compliance (2 CEUs)
- Mandatory Domestic Violence October 13, 2012 by Holly A. Smith, MS (2 CEUs)
- How the Brain Forms New Habits: Why Willpower Is Not Enough presented by Paul J. Kenny, Ph.D. by the Institute for Brain Potential October 6, 2011 (6 CEUs)
- EDNCF 3 hour lecture on discussing the effective use of DBT principles in nutrition therapy and the tenets of DBT including experiential activity, treatment obstacles and intervention strategies presented by Jancey Wickstorm, LCSW, Milieu Manager and DBT specialist and Juliet Zuercher, RD Nutrition Coordinator at Timberline Knolls October 28, 2011 (3 CEUs)
- Workshop on “How the Brain Forms New Habits: Why Willpower is Not Enough” given by Paul J. Kenny, Ph. D held at Hilton in Altamonte Springs October 6, 2011 (6 CEUs)
- Workshop on “The Right Use of Power: The Heart of Ethics for the Healing Professions” given by Eva Fegardo, LMHC, CAP, RCC held at Central Florida Behavioral Hospital March 25, 2011 (3 CEUs)
- An Inside Look: Working with the Resistant Eating Disorder Patient 2009 (3 CEUs)
- Pharmacological Treatments of Addictive Disorders by Elements Behavioral Health: Wendy Oliver Pyatt, MD and David Sack, MD December 4, 2009 (4 CEUs)
- Introduction to Clinical Hypnosis by Cheryl A. Malone, MA, LMHC November 18, 2009 (2 CEUs)
- Mandatory Professional Ethics and Boundary Issues by Meredith W. Neill at Valencia Institute February 21, 2009 (3 CEUs)
- Mandatory Error Prevention for Mental Health Professions by Marjorie Hider at Valencia Institute February 21, 2009 (2 CEUs)
- His Brain, Her Brain by Richard S. Colman, Ph.D., Institute for Natural Resources April 10, 2008 (6 CEUs)
- Health Insurance Portability and Accountability Act on-line CE Units at Home April 29, 2007 (1 CEUs)
- First Aid and CPR Training completed on-line April 29, 2007 (3 CEUs)
- Psychopharmacology and Psychotherapy: Ethical Considerations for the Clinical Practitioner Orlando, FL led by John Smith December 19, 2006 (7.2 CEUs)

- Messages from the Masters October Austin, Tx at the Crossings led by Brian Weiss (10.5 CEUs)
- Baker Act Training May 18, 2006 from USF by Virginia Philips, Med Assistant Director, Office of Continuing Education (6.5 CEUs)
- CPR training recertification December 13, 2005 from the American Red Cross (8 CEUs)
- Floor Time Principles and Intervention and Strategies by Dr. Ruby Natale at CHS September 2, 2005 (6 CEUs)
- Counseling Victims of Sexual Trauma: The Three Stages of Healing by Melissa Bradley, MS. NCC, BCETS, FAAETS August 30, 2005 (6 CEUs)
- Service Planning with Pre-School Age Children (CANS) by John S. Lyon, Ph.D. at CHS August 12, 2005 (6 CEUs)
- Psychopathology in a 0-3 Population by Rudy Natale, Ph.D, Psy. D. University of Miami August 2005 (6 CEUs)
- School of Medicine at the Mailman Center for Child Development July 22, 2005 (3 CEUs)
- Rape Trauma by Charles Stevens July 8, 2005 (3 CEUs)
- Zero to Five Assessment Workshop by Harry L. Mills, Ph. D. (Neuropsychologist) at CHS March 4-5, 2004 (3 CEUs)
- Mandatory Domestic Violence by Patricia Herrera at Valencia Institute May 15, 2004 (2 CEUs)
- Children and Adolescent Needs and Strengths 4017 by Harry L. Mills, Ph. D. (Neuropsychologist) at CHS December 3-4, 2004 (4 CEUs)
- Movement Disorders: A Modern Analysis by MediCom Worldwide, Inc. March 19, 2003 (3 CEUs)
- Mandatory Board 491 Laws and Rules by Gloria Lobnitz, Ph.D., LMFT, RN and Roberta Marowitz, Ed. D., LMFT at Valencia Institute April 11, 2003 (4 CEUs)
- Mandatory Primer on End-of-Life-Care by Jerri Sue Walker, MA, LMHC at Valencia Institute April 19, 2003 (1 CEUs)
- Mandatory Prevention of Medical Errors by Carol J. Millenson, MS at Valencia Institute April 19, 2003 (3 CEUs)
- Mandatory AIDS 103 by Suellen T. Cirelli, MSN, ARNP, ACRN at Valencia Institute April 19, 2003 (2 CEUs)
- Clinical Hypnotherapy certified August 19, 2001 by Dr. James Rini, LMHC, MFT and Dr. Robert M. Bollet at the Center for Counseling and Consulting

AWARDS, HONORS, INTERVIEWS, ETC.

- Wrote *Rattle the Cage: How to Shape the Behavior You Want In Your Pets, Children, and Your Spouse* Published November 7, 2018
- Expert opinion given for a show from German TV on The Dangers of Spring Break March 2011
- Fox Evening News interview on a political leader showing emotion in the public eye February 2011
- Expert opinion given for a show from German TV on Children and Pageants February 2010

- Internet Addiction interview for a production show on “Real Living with Riva and Secily” May 16, 2009
- Fox Morning News live interview on Internet Addiction February 3, 2009
- Certificate of Appreciation for CARF preparation September 2007
- Three Star Award for the 3rd quarter from University Behavior Center (UBC) 2005
- UBC’s Award from the Director of Nursing May 20, 2005 for “helping out the unit when times were rough and supporting staff.”
- UBC’s Award from Lead Technician June 1, 2005 for “coming in on Memorial Day and running both groups. We appreciate your efforts!”
- Three Star Award for the 4th quarter from UBC 2004
- Award from my intern at UBC April 14th, 2004 for “giving time and energy to mentor, teach, and guide me as an intern. Thank-you!”
- UBC’s Award from an administrator August 24, 2004 for “going out of your way to assist the youth with preparing food for of skills training group.”
- UBC’s Award from Social Service Supervisor and Director of Nursing September 27, 2004 “Thanks for helping during Hurricane Jeanne”
- UBC’s Award from Social Service Supervisor October 19, 2004 for “helping with youth on weekends preparing meals, talking with youth in crisis.”
- UBC’s Award from a staff June 26, 2003 for “coming in on her days off to run family sessions. Also provide weekly training for Mental Health Tech’s on client disorders keeping techs informed to meet the needs of our clients.”
- UBC’s Award from Social Service Supervisor December 11, 2003 from “SIPP Survey’s report of therapist excellent treatment plans and reviews!”
- Won University Behavioral Center’s employee of the 3rd quarter 2003 with a monetary reward of \$500
- Received a Perfect Attendance Certificate from UBC 2002

PROFESSIONAL ORGANIZATION AFFILIATION

- National Board for Certified Counselors 3/26/09 to current #252619
- American Psychotherapy Association June 2007-2008
- American Counseling Association 2003-2007
- Mental Health Counselors of Central Florida 2004