

Christopher Anderson

Education:

- August 2013 – August 2015, Abilene Christian University** Abilene, TX
- *Masters in Marriage and Family Therapy*
 - Major academic course highlights: Couples Therapy, Emotionally Focused Therapy, Substance Abuse, Sex Therapy, Solution Focused Therapy, Cognitive Behavioral Therapy
- August 2005 – April 2013, Brigham Young University** Provo, UT
- *Bachelors of Science in Family Studies*
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Clinical Experience:

Jan 2019 – Present **The Psychology and Counseling Group** Orlando, FL
Marriage and Family Therapist

- Provide therapeutic services to adults, couples, and families.
- Work with a variety of presenting problems including but not limited to: depressive disorder, PTSD, sexual trauma, couple and family issues, separation and divorce, etc.

Nov 2015 – Present **Chrysalis Health** Orlando, FL
Outpatient Therapist

- Provide therapeutic services to children, adolescents, and adults at their home or at school
- Work with a variety of presenting problems including but not limited to: ADHD, conduct disorder, depressive disorder, substance abuse, PTSD, sexual trauma, family issues
- Coordinate with targeted case managers, schools, and doctors to provide complete care for clients.

Aug 2013 – August 2015 **Marriage and Family Institute** Abilene, TX
Clinical Intern

- Worked with diverse populations
- Presenting problems included substance abuse, depressive disorders, anxiety disorders, PTSD, grief, adjustment disorders, and suicidality.
- Responsible for electronic and paper file management, as well as crisis intervention

Aug 2014 – Jun 2015 **ACU Medical and Counseling Care Center** Abilene, TX
Clinical Intern

- Worked with college-aged students enrolled at ACU
 - Presenting problems included anxiety disorders, adjustment disorders, depressive disorders and obsessive-compulsive disorders
 - Responsible for my own electronic note taking and file management
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Additional Employment History:

Sep 2015 – May 2016 **Universal Studios** Orlando, FL
Merchandise Team Member

- Assisted guests in finding and purchasing a variety of merchandise
- Provided directions to guests for various locations and amenities in the park.

Feb 2014 – Aug 2015

Molecular Testing Labs

Abilene, TX

Office Liaison

- Hired and trained new staff
- Met with family practice physicians
- Spoke with doctors to explain the benefits of genetically testing their patients for medications

Seasonal Work: Apr 2011 - Aug 2013 **Green Pest Guys**

Spring, TX and Prosper, TX

Sales Representative/Team Manager

- Recruited and trained sales reps
- Ran daily trainings
- Sold pest control door-to-door
- Provided regular incentives to promote competition and better performance

Special Training:

DSM-5 Assessment (3 hours)

DSM 5 Sexual Dysfunction Disorders, Paraphilic Disorders, and Gender Dysphoria (3 hours)

Therapy Appointment Electronic Health Records

Prepare/Enrich Certified

Crisis Intervention Training

Certification in Practice Management

Research:

Video Games and Empathy

Poster presented at the 2015 TAMFT Conference in Austin, Texas researching the effects playing video games has on young adults' empathy.

RELATE Research

I worked with Dr. Stephen Duncan at BYU to study data gathered by the RELATE assessment. I ran various statistics using SPSS and performed literature reviews regarding marriage preparation.

Professional License:

License in Marriage and Family Therapy: MT3553

Additional Achievements:

Achieved the rank of Eagle Scout in the Boy Scouts of America

Spent 2 years abroad in Hungary during college